

PE long Term Plan

	Cygnets	Kingfisher	Kite	Harrier
Autumn 1	Multi skills Yoga/Learn to move Welly Walk (fitness)	Multiskills Yoga	Netball Touch Rugby	Netball Touch Rugby
Autumn 2	Dance -Nut Cracker Yoga/Learn to move Welly Walk (fitness)	Gym Dance – Alice in Wonderland	Gym Yoga	Gym Yoga
Spring 1	Gym Yoga/Learn to move Welly Walk (fitness)	Ball Skills Fitness	Hockey Dance – Romeo & Juliet	Hockey Swimming
Spring 2	Enjoy a Ball Yoga/Learn to move Welly Walk (fitness)	Ball Games Rugby Fundamentals	Multi skills Fitness	Swimming Dance or Multi skill
Summer 1	Athletics Yoga/Learn to move Welly Walk (fitness)	Athletics Kwik Cricket	Athletics Kwik Cricket	Athletics Kwik cricket
Summer 2	Swimming	Swimming	Rounders Swimming	Rounders Swimming