

PE Curriculum Statement for Long Sutton C of E Primary School

Core Christian Values						
Love	Perseverance	Thankfulness	Hope	Compassion		
Learning Muscles						
Collaboration	Resilience			Reflection		
Curriculum Drivers						
Developing Independence	Oracy	Reading	Diversity	Aspiration	Community	Enquiry
Subject Drivers/principles						
Active Life Style	Competence		Performance		Creativity	

Intent	<p>We believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing and fitness of all children, not only through the sporting skills taught, but through the underpinning values and disciplines PE promotes.</p>					
Implementation	<p>The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.</p>	<p>The curriculum provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming, fitness/cross country, athletics and outdoor & adventure.</p>	<p>Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every half term</p>	<p>Children are encouraged to participate in the varied range of extracurricular activities. There are a number of sports clubs are available each day at lunchtime and/or after school.</p>	<p>Year 5/6 swim once a week during the Spring Term. All the children swim regularly in the Summer term in the school pool, the younger children twice weekly whilst the older once weekly, developing water confidence and developing swimming skills and safety.</p>	<p>Children are invited to attend competitive sporting events within the local area. The older children are encourage to develop sports leadership skills through running events for and helping the younger children at playtime.</p>
Impact	<p>We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.</p>					