

PE long Term Plan

	Cygnets	Kingfisher	Kite	Harrier
Autumn 1	Multi-skills Gym Welly Walk (fitness)	Multi-skills Gym	Invasion games (Netball) Net/racket games	Invasion games (Netball) Fitness – cross country
Autumn 2	Multi-skills Dance Welly Walk (fitness)	Invasion games Dance	Invasion games (Tag Rugby) Dance	Gym Dance
Spring 1	Gym Welly Walk (fitness)	Gym Invasion games	Gym Fitness	Invasion games (Hockey) Swimming
Spring 2	Ball Skills Welly Walk (fitness)	Dance Net/racket games	Invasion games (Hockey) Fitness	Invasion games (Tag Rugby or Basketball) Swimming
Summer 1	Athletics Fielding and striking	Athletics Fielding and striking	Athletics Fielding and striking	Athletics Fielding and striking
Summer 2	Swimming	Swimming	Fielding and striking Swimming	Fielding and striking Swimming