PE long Term Plan

	Cygnet	Kingfisher	Kite	Harrier
Autumn 1	Fundamentals	Fundamentals	Invasion games	Invasion games
	Gym	Gym	(Netball)	(Netball)
	Welly Walk (fitness)		Net/racket games	Fitness – cross
				country
Autumn 2	Fundamentals	Invasion games	Gym	Gym
	Dance	Dance	Dance	Dance
	Welly Walk (fitness)			
Spring 1	Gym	Gym	Invasion games	Invasion games
	Welly Walk (fitness)	Dance	(Hockey)	(Hockey)
			Fitness – cross	Swimming
			country	
Spring 2	Ball Skills	Invasion games	Invasion games	Invasion games
	Welly Walk (fitness)	Net/racket games	(Tag Rugby)	(Tag Rugby)
			Fitness	Swimming
Summer 1	Athletics	Athletics	Athletics	Athletics
	Fielding and striking	Fielding and	Fielding and	Fielding and
		striking	striking	striking
Summer 2	Swimming	Swimming	Fielding and	Fielding and
			striking	striking
			Swimming	Swimming