

**Head Teacher:**  
Mrs E Reynolds



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10 September 2021

Dear Parent/Carer

I hope your child/ren have enjoyed the first week back, they have certainly all looked to enjoying their time in school. It has been really nice to see larger groups of children playing together, year groups interacting and new friendships forming. This week has been all about settling in, getting to know each other and the adults in the classroom, remembering school routines and how to learn! The children have achieved this very well, with classrooms being calm but busy and the children looking really settled. All the children enjoyed their SCARF workshop with the Life Education Base today and seemed to learn lots too!

Thank you so much for adapting the drop off and pick up during this week. To me this feels much safer and also gives a better chance for staff to speak to parents and for you to talk to each other. I hope it is working for you.

#### **Lunch Boxes and Water Bottles:**

I would really like to ask you to think about what you put in your children's lunchboxes, I really want to us all to think about healthy eating and to encourage children to have healthy lunches. I understand you want to give them things they will eat and little treats do no harm but please can we not have sweets, large chocolate bars, and the like, in boxes. Have a look at the Change4life Healthy lunchbox tips and try them out, along with some new ideas from the website maybe try out one or two:

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

Please can water bottles be used for water only. Again, for the children's health it is important that they are kept hydrated with water and not sugary drinks like squash or fruit juice. We appreciate your support with this.

#### **Outdoor Shoes:**

As last year all the children need outdoor shoes for playtime as they will be using the field and garden in all weathers. The outdoor shoes can be trainers or wellies but will get wet and muddy, so I would suggest older ones rather than your best ones. If you send trainers in, they can use these for PE outside, but they will also need clean daps or trainers for indoor PE if they are unable to go barefoot in the hall e.g. they have a verruca. Please can all children keep these shoes in school all term. If they don't have a change of shoes, they will not be able to use the field.

*'Learn to love and love to learn'*



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### **Welly Walk:**

Cygnets class all need welly boots in school as they need these for Thursday welly walk. You may also want to send your child to school with long trousers that day and a spare pair of socks and they do often get wet from jumping in puddles.

### **KS1 children:**

Please can you send your child with a spare set of clothes in case they have an accident, we have had a number of children this week who we have had to change, and they have not had clothes to change into. Also, if we do lend them clothes including pants, please can they be sent back to school as soon as possible as we seem to have lost many pairs.

### **Sports Events:**

We are starting to do sports events with other school over the next few weeks. There are football and netball matches for Y5/6, cross country events for Y3 – 6 and a fun run for Y1/2. These events take place after school and details will be sent out for each one but it would be really lovely to have lots of children representing Long Sutton at the events. Parents will need to transport their children to events or find someone else going to help them out. These events are great opportunities to meet children from other local schools, have bit of friendly competition and some fun. There are also taster festivals which children can attend to try out a new sport or just to have fun.

Fun Run Y1/2 – Tues 5<sup>th</sup> October (we also need Y5/6 helpers for this)

Cross Country - Thursday 7<sup>th</sup> October at Hambridge Primary School

Cross Country - Thursday 14<sup>th</sup> October at here in Long Sutton (we will need some helpers for this event)

### **School Photo, Tuesday 14<sup>th</sup> September:**

A reminder that all children will be having individual portraits taken by Academy Photos from 9am on Tuesday.

### **Dates to remember :**

Individual School Photos: Tuesday 14<sup>th</sup> September

Foundation Info Evening

– Reception Parents : Wednesday 15<sup>th</sup> September, 6pm

Phonics Session

– Reception Parents : Wednesday 22<sup>nd</sup> September, 6pm

Book Fair (TBC) : Thursday 4<sup>th</sup> November

### **Safeguarding**

**If you have any concerns about your child or another please come and speak to myself.**

**Safeguarding is everyone's business and cannot be ignored. You can always contact Somerset Direct (0300 123 2224) or the NSPCC yourself to share or discuss any Safeguarding concerns you have.**

**Here are some useful websites recommended by our DSL (Designated Safeguarding Lead – Lizzie Reynolds or Cheryl Park).**

[NSPCC](#) [SOMERSETDIRECT](#)

Best wishes

Mrs Lizzie Reynolds

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